5 easy to teach whistle commands for your ESA dog

After an emotional loss, you need medication and companionship. Staying alone with your toxic thoughts can be extremely harmful to your mental health. An emotional support animal can provide you with constant companionship and help you recover rapidly. You should immediately contact a professional to get your [esa letter for housing](#) at your doorstep.

Getting an ESA

After you get diagnosed by a mental health professional, you will be able to purchase an ESA. After the ESA letter for housing arrives in the mail, you can use it to legally have your ESA accompany you in your apartment, some supermarkets, airlines, and malls. You must take good care of the animal and perform your duties such as picking up their poop when you take them on a walk. By feeding, grooming, cuddling, and sheltering them, you will automatically start getting better.

How to take care of your ESA

Once you purchase your furry friend; you need to take care of all the basic requirements. Before giving you an esa letter, the health professional will make sure you can take good care of your ESA. You have to provide the animal with food, water, shelter and keep it well-groomed. All of this may sound like a heavy responsibility but it gets very easy once you get used to it (less than a week). You can buy toys for your ESA's to keep them happy even when you aren't home.

5 whistle commands to teach your dog

Dog training whistles are objects that produce a high pitch sound that humans cannot hear but dogs can. You can not only use it to teach your dog basic manners but also train them to do tricks. The sound does not harm the dog in any way and is only annoying for them. You can thus blow the dog whistle to make them understand what is wrong (e.g., if your dog barks at the doorbell, blow the whistle) or what they should do (e.g., sit, rollover, and other tricks)

1.   **Come here**

- This is the most useful trick to teach your dog.
- magically make your dog appear from another room using your whistle
- During training, you can uniquely blow the whistle and bring him/her towards you using a leash. Repeat the process multiple times and finally try to do it without a leash.
- This command will keep your dog safe in case you lose him/her in the park.

2.   **Fetch**

- This is for your entertainment and your dog's exercise.
- If you do not have time to take your dog on long walks, buy a fetch toy and throw it in front of them.
- Uniquely blow the whistle and make them hold the toy in their mouth.
- Keep repeating this process until the dog learns how to fetch.Also you can fetch him a carrot but first know about can dogs eat carrots.

3.   **Don't!**

- Animals can get really naughty at times and need to be disciplined.
- You need to know how to immediately stop them from whatever they're doing.
- Whenever your dog misbehaves, blow the whistle uniquely.
- You can also shout at them angrily to make them understand.

4.   **Wait**

- Sometimes you might want your dog to stop while walking.
- This can be done by teaching them to wait on command.
- You have to teach them to come afterward.
- Blow the whistle and pet them to make them understand.

5.   **Spit it out**

- Your dog might eat something harmful like chocolate.
- You need to teach it to release whatever is in its mouth. Ask your vet about [can dogs eat avocado](#).
- Put a toy in their mouth and ask them to take it out with your hands while blowing the whistle.
- Repeat the process until the dog learns the command.

Conclusion

Getting the documentation for your ESA is very easy. You just have to be evaluated by a professional and they will send the letter directly to your address. Once you get the ESA, take care of all their needs. You can train them for your entertainment.

Useful Resources:

[Which Emotional Support Dog Breeds are the Most Affectionate?](#)

[Ultimate Guide Towards Which Emotional Support Dog Breeds are the Most Affectionate](#)

[Ultimate Guide Towards Real Emotional Support Animal Letter](#)

[Extreme Guide Towards Real Emotional Support Animal Letter](#)